

# Yokoso!

May 15 – May 29, 2012

Contemporary Japan and Its Roots

College of Mt. St. Joseph  
Cincinnati, Ohio

Date	Time	City	Activity	Notes
Tuesday 5/15/12				
	<b>7:00 AM</b>	Cincinnati	Meet at CVG airport, Terminal 3, report to travel team leader	Meeting place – to the right as you enter Terminal 3. Final check of all documents, luggage
	7:15 AM		Report to Delta Airlines counter, check in luggage, proceed to security, board plane about 8:20 AM	
	9:00 AM		Delta flight 1679 Departs	Flight is approximately 5 hours
	11:05 AM	San Francisco	Arrive Pacific Time; set back watches three hours	Proceed immediately to next gate, then look for drinks and snacks
	12:50 PM	San Francisco	Delta Flight 209 departs, next stop Japan!	Flight is 11 hours and 50 minutes
		Over Pacific Ocean	Talk, read, eat, sleep, and study. We will be served two meals and a snack while en route.	Cross International Dateline. It becomes Wednesday May 16

## Travel Teams:

Jennifer  
Guerin  
Emilie  
Jason  
Noah  
Bradley

Helen  
Corey  
Dane  
Destiny  
Matt  
Patty

Steve  
Jeff  
Briana  
Mark  
Rosemary

Date	Time	City	Activity	Notes
Wednesday 5/16/12				
	4:40 PM	Narita	Arrive in Japan at Terminal 1 North Wing	Reset watches
	5:45 PM		Clear immigration, pick up luggage and clear customs	Wait in the hall outside customs until all in our group are cleared.
	6:00 PM		Exchange dollars to yen, activate rail pass	Snack machines near Japan Rail office - buy a snack, dinner will be late
	6:45 PM		Board Keisei Skyliner to Tokyo	Reserved seats; takes 1 hour to Keisei Ueno
	7:45 PM	Tokyo	Arrive Keisei Ueno Terminal, walk to hotel	
	8:00 PM		Check in at New Izu Hotel	
	8:15 PM		Move into rooms, check out room amenities	
	8:30 PM		Meet in lobby, go to dinner	Learn to eat on the cheap
	9:30 PM		Return to hotel	Settle into your rooms and get some sleep. We start early next day.
		Student \$: Snacks Dinner		New Izu Hotel 3-13-1 Higashiueno Taito-ku Tokyo, Japan 110-0015 338-31-8666

**Roommates for New Izu Hotel:** Brad & Guerin, Dane & Corey, Noah & Jeff, Matt & Jason, Emilie & Destiny, Briana & Patty, Helen & Steve, Mark & Rosemary, Jennifer

Notes:

Date	Time	City	Activity	Notes
Thursday 5/17/12				
		Tokyo	Breakfast on own	Lawson's next to hotel
	6:30 AM		Meet in hotel lobby	You <u>will</u> be awake early.
	6:45 AM		Walk to Ueno subway station, travel by subway to Tsukiji Central Wholesale Market	Hibiya (Grey) Line
	7:15 AM		Tour Tsukiji Market and surrounding businesses	They sell every critter in the sea and restaurant supplies
	9:15 AM		Take subway to Ueno	Hibiya (Grey) Line
	10:30 AM		Tour Shitamachi Museum with Goodwill Guides. Tour Ueno Park with instructors	Learn about the life of commoners in 1840's Tokyo. There are also temporary displays of 20 <sup>th</sup> century life.
	1:00 PM		Picnic lunch	Buy at Sunkus near museum
	2:00 PM		Tour Tokyo National Museum	See many of Japan's national treasures.
	4:00 PM or earlier		Free Time, you may visit other museum in Ueno Park	You are to be in a group of 3 or more.
	6:00 PM		Optional - meet in lobby for tour	Ameyoko, 100 Yen Shop, etc.
	7:00 PM		Dinner on own in groups of three or more	You are to stay in the Ueno and Ameyoko area
	8:00 PM		Return to hotel to sleep!	
		Student \$: Breakfast Lunch Dinner Subways		New Izu Hotel 3-13-1 Higashiueno Taito-ku Tokyo, Japan 110-0015 338-31-8666

Notes:

Date	Time	City	Activity	Notes
Friday 5/18/12				
		Tokyo	Breakfast on own	Lawson's next to hotel
	8:45 AM		Meet in lobby	Take subway to Kitanomaru Park
	9:30 AM		Orientation to park and three museums	Science Museum Craft Gallery National Museum of Modern Art
	10:00 AM		Museums open, explore museums in groups of three or more	
	12:15 PM		Meet in park at agreed spot, subway to Tokyo Dome City	
	12:45 PM		Lunch on your own at Tokyo Dome City, explore entertainment areas in groups of 3 or more	There are 50 restaurants, cafes and bars, plus 70 shops and boutiques and an amusement park.
	2:00 PM		Meet at agreed area for optional tour of Koishikawa Garden or stay at Tokyo Dome City	Old samurai estate's garden that is now an extensive park
	4:30 PM		Meet at agreed spot to return to Ueno	
	Evening Free		Dinner on your own, in groups of 3 or more	You are to stay in the Ueno and Ameyoko area
		Student \$: Breakfast Lunch Dinner Transportation		New Izu Hotel 3-13-1 Higashiueno Taito-ku Tokyo, Japan 110-0015 338-31-8666

Notes:

Date	Time	City	Activity	Notes
Saturday 5/19/12				
		Tokyo	Breakfast on own	
	8:30 AM		Meet hotel lobby	
	8:45 AM		Take train to Ryogoku	Blue or Green Line to Akihabara Chuo/Sobu Line to Ryogoku
	9:30 AM		Lecture at the Edo-Tokyo Museum	Topic: Japan Post WWII
	10:30 AM		Tour Edo-Tokyo Museum for 1 hour with English language guide	The history of this great city, from fishing village to world power.
	11:30 AM		Self-tour of museum	
	1:00 PM		Lunch at Edo Tokyo Museum restaurant	Top floor, great views of the city!
	2:30 PM		Take subway to Ueno, enjoy museums, temples, etc. in groups of three or more. Alternative plans must be approved by all 3 instructors by May 10.	Possibilities: Museum of Nature and Science, Metropolitan Art Museum, Toshogu Shrine or return to Tokyo National Museum
	5:30 PM		Return to hotel	
	6:30 PM		Dinner at Watami Izakaya	Rindsberg children and friends join us for dinner
	8:00 PM		Relocate party to hotel lobby or free time in Ameyoko	Groups of three. <b>Curfew</b> – 11:00 PM at least in our hotel lobby.
		Student \$: Breakfast Subways		New Izu Hotel 3-13-1 Higashiueno Taito-ku Tokyo, Japan 110-0015 338-31-8666

Notes:

Date	Time	City	Activity	Notes
Sunday 5/20/12		Tokyo		
			Breakfast on own	Lawson's next to hotel
	8:00 AM		Meet in Lobby	Prep large luggage to go to Tajimi
	9:00 AM		Subway to Asakusa	Stow extra items from backpack in Ueno station lockers. Ginza (Orange) Line
	10:00 AM		Enjoy Sanja Festival, Kaminari Gate and shopping arcade in groups of 3 or more	Largest festival in Tokyo, parade of Shinto portable shrines
	11:30 AM		Lunch on your own	Enjoy festival food
	12:45 PM		Meet at Kaminari Gate	
	1:00 PM		Subway to Ueno, retrieve stuff from lockers, then train to Tokyo Station	Ginza Line to Ueno Blue or Green Line to Tokyo Station
	2:30 PM		Train to Odawara Tokaido Honsen Line	Approximately 83 minutes
	3:53 PM	Odawara	Arrive Odawara Station	SR: purchase Hakone Free Pass
	4:00 PM		Tour grocery store and neighborhood	Buy dinner for later
	5:30 PM		Board bus to Sengokuhara	Bus fare included in Hakone Free Pass
	6:30 PM	Sengokuhara	Arrive at hot springs resort, sign up for <i>ofuro</i> times	<i>Onsen</i> (hot springs resorts) have served travelers here for over a thousand years
	7:30 PM		Shared dinner in guesthouse dining room. Sink into <i>ofuro</i> and soak away your troubles	<i>Ofuro</i> powered by volcanic springs, you've never been so relaxed.
		Student \$: Breakfast Locker Lunch Dinner Subways		Fuji-Hakone Guest House 912 Sengokuhara Hakone, Kanagawa 460-84-6577

**Roommates for Fuji-Hakone:** Corey, Dane & Matt; Noah, Jason & Jeff; Brad & Guerin; Patty & Briana; Emilie, Destiny & Jennifer; Helen & Steve, Mark & Rosemary

Notes:

5/9/2012

Date	Time	City	Activity	Notes
Monday 5/21/12				
		Hakone	Breakfast	Provided by hotel
	8:15 AM		Meet in lobby	
	8:30 AM		Bus to Gora	
	9:00 AM		Take the cable car and ropeway up over mountain to Togendai	See Mt. Fuji in morning light? Stop at Owakudani (Hell Valley) to try eggs cooked in the volcanic spring.
	9:45 AM		Hakone Sightseeing Boat to Moto-Hakone	50 minute ride, see Mt. Fuji?
	10:45 AM		Tour Hakone Shrine	Gorgeous, ancient, mountain Shinto Shrine
	12:15 PM		Buy obento at 7/11	
	12:30 PM		Eat lunch by lake, walk restored part of Tokaido	See how commoners traveled in the 19 <sup>th</sup> century
	2:30 PM		Visit Amazakechaya with sweet sake for dessert	Enjoy a 300 year old tea house for travelers
	3:00 PM		Bus back to Moto-Hakone	
	4:00 PM		Hakone Sightseeing Boat return to Togendai	50 minute ride, see Mt. Fuji?
	5:00 PM		Bus back to Sengokuhara, sign up for <i>ofuro</i>	
	5:00 PM		Meeting to prepare for Tajimi and Kyoto	
			Dinner on own in town or share dinner from Lawsons in guesthouse dining room. Enjoy <i>ofuro</i> .	We SOOO enjoyed the shared dinner in 2010. <b>Curfew</b> – 11:00 PM in guest house.
		Student \$: Lunch Dinner		Fuji-Hakone Guest House 912 Sengokuhara Hakone, Kanagawa 460-84-6577

Notes:

Date	Time	City	Activity	Notes
Tuesday 5/22/12		Hakone		
			Breakfast	Provided by hotel
	8:00 AM		Meet hotel lobby	
	8:30 AM		Board bus to Odawara station	
	<b>10:08 AM</b>		Board Shinkansen to Nagoya	Hikari 507, 1 hour 15 minutes
	11:23 AM		Arrive Nagoya	
	<b>12:06 PM</b>		Board train to Tajimi	45 minutes
	12:30 PM	Tajimi	Arrive at station	Ikuhiko Shibata and Kanako Shibata will meet us at station
	12:50 PM		Buy lunch	We'll provide 500 yen for lunch that you'll buy at the convenience store
	1:30 PM		Cars to museum	Home stay families will help with transportation.
	2:00 PM		Lunch at Ceramics Park Mino, Tour Museum of Contemporary Ceramics	The galleries "float" in a special earthquake-proof cage
	4:00 PM		Oribe Street Tour	
	5:00 PM		Meet host families	
	Evening		Dinner and evening activities with host family	Time for your photo book!
		Student \$: None		

Notes:



Date	Time	City	Activity	Notes
Wednesday 5/23/12				
		Tajimi	Breakfast with host family	
	8:30 AM		Meet at Hanzogama, Iku's studio	
	9:00 AM		Tour Kobei Gama Museum	Work of a National Living Treasure and his world-wide ceramics collection
	11:30 AM		Tour modern ceramics factory	
	1:00 PM		Lunch at Iku's studio	No charge
	2:00 PM		Ceramics lesson with Iku	You'll build your own tea bowl, sign your lovely wooden storage box and enjoy watching everyone create a masterpiece
	4:00 PM		Laundry Tour ?	
	5:00 PM		Host families will pick us up from Iku's studio	
	Evening		Dinner and evening activities with host family	
		Student \$: None		

Notes:

Date	Time	City	Activity	Notes
Thursday 5/24/12				
		Tajimi	Breakfast with host family	
	8:30 AM		Meet at Tajimi Train Station	Photo time!
	9:00 AM		Board train to Nagoya	45 minutes, put luggage in locker
	10:00 AM		Board train to Inuyama	40 minutes
	10:40 AM		Arrive in Inuyama	Buy lunch at convenience store
	11:00 AM		Tour merchant street and festival museum	Museum has fascinating mechanical dolls used on <i>mikoshi</i>
	12:00 PM		Lunch	In castle park
	1:00 PM		Tour Inuyama Castle	One of only four original castles in Japan
	3:54 PM		Train to Nagoya	30 minutes
	4:30 PM	Nagoya	Enjoy exploring Takashimaya Department, store food court and Tokyu Hands	Tokyu Hands – mecca for office and art supplies, household goods and much more. Free samples at the food court.
	<b>6:10 PM</b>	Nagoya	Board Shinkansen to Kyoto	Hikari 479
	6:47 PM	Kyoto	Arrive at station	Students enjoy café while SR buys bus passes
	7:15 PM		Walk to hotel and check-in	5 minute walk
	8:00 PM		Tour Kyoto Stations malls	Dinner on your own, in groups of 3 or more
	10:30 PM		Return to hotel	
		Student \$: Locker Lunch Dinner		APA Hotel Kyoto Ekimae 806 Minami Fudodocho Shiokoji-safaru Nishinotoin, Shimogyo, Kyoto 75-365-4111

**Roommates for APA hotel:** Brad & Guerin, Dane & Corey, Noah & Jeff, Matt & Jason, Emilie & Destiny, Briana & Patty, Helen & Steve, Mark & Rosemary, Jennifer

Notes:

Date	Time	City	Activity	Notes
Friday 5/25/12		Kyoto		
			Breakfast on own	
	8:15 AM		Meet in hotel lobby	
	8:30 AM		Subway and bus to Ryoanji Temple and perhaps also Kinkakuji	Ryoanji - premier Zen garden Kinkakuji – the Golden Temple
	11:30 AM		Bus to Kitano Tenmangu Temple for the flea market	Held the 25 <sup>th</sup> of every month; this is one of the two best flea markets in Kyoto
	12:00 PM		Lunch at flea market Antiques, festival food, toys, pets, garden supplies – past and present mix it up!	You can't bring a puppy home
	3:00 PM		Bus to Nijo Castle or Nishijin Silk Center – make your choice	Nijo Castle was for diplomacy, not war. The Silk Center has a great kimono fashion show
	3:30 PM		Visit your choice. We will consider alternatives – get information to all three instructors before May 7.	In groups of three or more
	5:00 PM		Return to hotel by bus or subway	Freshen up before big party
	6:30 PM		Bus or subway Watami Restaurant – izakaya	
	7:00 PM		Dinner at Watami Restaurant, Pontocho area	By now you know how fun <i>izakaya</i> are.
	8:30 PM		Enjoy walking tour of Pontocho and River Kamo area, led by Kayo Yoshida	A major entertainment area, you may see a geisha
	10:00 PM		Return to hotel	
		Student \$: Breakfast Lunch		APA Hotel Kyoto Ekimae 806 Minami Fudodocho Shiokoji-safaru Nishinotoin, Shimogyo, Kyoto 75-365-4111

Notes:

Date	Time	City	Activity	Notes
Saturday 5/26/12		Kyoto		
			Breakfast on own	
	8:15 AM		Meet in lobby to check out and send luggage to Tokyo	
	9:00 AM		Bus to Kiyomizu Temple and Shrine	A World Heritage site, Buddhist Temple and Shinto Shrine
	9:30 AM		Tour Kiyomizu	Maybe a school group will interview you for their project
	11:30 AM		Walk down Kiyomizudera shopping street	Great place to buy souvenirs
	12:30 PM		Lunch at Gyoza Restaurant	Japan's love affair with Chinese cooking
	1:30 PM		Bus to Nishiki Ichiba	
	2:00 PM		Tour Nishiki Ichiba Market	The market was established here in 794 AD – now it's pickles to Pokeman!
	4:00 PM		Bus to Ninnaji Temple	Check in to Ninnaji Temple
	4:30 PM		Tour their lovely garden	
	6:30 PM		Dinner at Ninnaji Temple	
	8:00 PM		Enjoy public baths at temple	
		Student \$: Breakfast		Ninnaji Temple 33 Ouchi Omuro Ukyo-ku Kyoto 75-464-3664

**Roommates for temple:** Room #1 all the ladies; Room #2 Dane, Corey, Guerin, Matt & Jason; Room #3 Noah, Jeff, Brad, Steve & Mark

Notes:

Date	Time	City	Activity	Notes
Sunday 5/27/12		Kyoto		
	6:00 AM		Buddhist Morning Service	Optional, 30 minutes
	7:30 AM		Breakfast	At Ninnaji
	8:30 AM		Check out of temple, walk to Shunkou-in Temple at Myoshin-ji	
	9:00 AM		Presentation on Zen Buddhism and meditation	Rev. Kawakami speaks English, time for questions and answers
	10:30 AM		Bus to Kyoto Station	At station buy obento lunch
	12:00 PM		Meet at Shinkansen entrance	
	<b>12:29 PM</b>		Shinkansen to Tokyo, obento lunch on train	Hikari 520, 2 hours 41 minutes Discuss schedule for Sunday afternoon and Monday
	3:10 PM	Tokyo	Arrive Tokyo Station and transfer to Yamanote train Green Line	To Harajuki
	4:00 PM		Tour Yoyogi Park, Harajuku, Meiji Jingu	Shopping and entertainment, Japanese popular culture at its weirdest and a lovely quiet shrine
			Dinner on own	Many shops close at 7:00 PM
	8:00 PM		Meet at agreed area and return to hotel	
		Student \$: Lunch Dinner		New Izu Hotel 3-13-1 Higashiueno Taito-ku Tokyo, Japan 110-0015 338-31-8666

**Roommates for New Izu Hotel:** Brad & Guerin, Dane & Corey, Noah & Jeff, Matt & Jason, Emilie & Destiny, Briana & Patty, Helen & Steve, Mark & Rosemary, Jennifer

Notes:

Date	Time	City	Activity	Notes
Monday 5/28/12		Tokyo		
			Breakfast on own	
	9:00 AM		Meet in lobby	
	9:15 AM		Train to Kamakura	Use rail pass
			A group of three or more may propose an alternate plan.	The plan must be presented to all three instructors for their approval by the end of the train trip back to Tokyo Sun. May 27.
	10:15 AM	Kamakura	Arrive Kamakura, follow Jason Herzog's tour	Visit the Daibutsu, the Great Buddha, perhaps Zeniarai Benten Shrine or the Hachiman Shrine, hike along trails, shop near the station.
	12:30 PM		Lunch	Convenience store or along shopping street
	2:30 PM		Return to Tokyo	Use rail pass
	6:10 PM	Tokyo	Meet in hotel lobby	
	6:30 PM		Dinner at a buffet restaurant	Walk to our final dinner party and awards ceremony
	8:30 PM		Return to hotel to pack	Walk
		Student \$: Breakfast Lunch		New Izu Hotel 3-13-1 Higashiueno Taito-ku Tokyo, Japan 110-0015 338-31-8666

Notes:

Date	Time	City	Activity	Notes
Tuesday 5/29/12		Tokyo		
			Breakfast on own	Buy your lunch or snack at Lawsons to eat on the train
	8:30 - 9:00 AM		Report to travel leader in hotel lobby then finish packing.	
	10:30 AM		Meet in hotel lobby to check out	Sign Thank You cards in hotel dining room in the basement
	11:30 AM		Walk to Ueno Keisei Station	
	<b>12:00 PM</b>		Keisei Skyliner to Narita Airport	Arrive 12:44 PM
	1:15 PM		Check in at airline counter	After check-in, exchange yen for dollars. There are shops and a place to sit while we wait.
	2:00 PM		Start through security	There are snacks just past security near the duty free shops
	3:00 PM		Board plane	
	<b>3:40 PM</b>		Delta flight 208 departs Japan	Flight is 9 hours and 30 minutes
		Over Pacific Ocean	Sleep	You will be served two meals and one snack on the plane
	<b>9:10 AM</b>	San Francisco	Arrive and pass through customs	Now Pacific Time
	10:30 AM	SFO	Proceed to departure gate, then get snacks or drinks	Board plane at 11:20 AM
	<b>11:55 AM</b>		Delta flight 1679 Departs	Flight is 4 hours and 20 minutes
	<b>7:22 PM</b>	Cincinnati	Arrive home	Please talk to your parents and loved ones before your fall asleep!
		Student \$: Breakfast Lunch Food in SFO		

## Important Numbers:

STUDENTS: If dialing long distance in Japan, first dial 0 and then the selected number below.

## PARENTS !

NOTE: When calling from the United States, dial 011-81 then the selected number below.

Helen & Steve	C: 80-3588-4133	Instructors
Jennifer	C: 80-3598-1007	Instructor
Kazuko Fujita	C: 90-2556-8882	Tokyo Boss
Kanako Shibata	C: 80-3660-3153	Tajimi Boss
Kayo Yoshida	C: 90-6428-8537	Kyoto Boss
New Izu Hotel	338-31-8666	Tokyo
Hakone-Fuji Guest House	460-84-6577	Hakone
APA Hotel Kyoto Ekimae	75-365-4111	Kyoto
Ninnaji Temple	75-464-3664	Kyoto
US Embassy Tokyo	332-24-5000	Tokyo

Note: When it is 9:00 PM in Cincinnati, it is 10:00 AM the next day in Japan. There is a 13 hour time difference.

The class web site is: [http://helenrindsberg.web.iglou.com/IDS\\_360/](http://helenrindsberg.web.iglou.com/IDS_360/) for flight information, the itinerary and lots of other important information.